



HALAAL DEPARTMENT HALAAL BRIEFS

Muslim Association of Malawi

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EATING WHERE ALCOHOL IS SERVED

Alcohol and other intoxicants are totally prohibited in Islam – Haraam - at every level from production, trade and consumption. These prohibitions and injunctions are sanctioned by the creator himself backed up by the teachings of the Prophet (Peace be upon him) Q5:90). Despite this, yet we find that many are increasingly becoming desensitized to frequenting places and gatherings which do flagrantly violate the laws of Allah.

Sayyiddina Umar (Allah pleased with him) narrated that he heard the Messenger of Allah (Peace be upon him) saying "(WHOEVER BELIEVES IN ALLAH AND THE LAST DAY, MUST NOT SIT AT THE TABLE AT WHICH KHAMR (ALCOHOL) IS SERVED)." (Reported by Ahmed.)

In another Hadith, the Messenger of Allah (Peace be upon him) said "Abstain from ALCOHOL because it is the key {source} of all evils" {Abu Daud}.

When Umar Bin Abdul Aziz (Allah's mercy be upon him) was Governor of Al-Madinah for Banu Umayyad and later Khalifah of the Muslims, some people were arrested for consuming alcohol; and Umar (RA) sentenced

them to be lashed. When someone defended one of them that he was fasting and did not drink, Umar (RA) confirmed the lashing on him as well by reciting.

"It has been revealed in the book that when you hear the sigOns of Allah denied and mocked at: that you should not sit with them until they change to some other speech, or else you are like them. Indeed, Allah will gather the hypocrites and disbelievers together in hell. (Quran 4:140)

This person who was fasting was lashed as well because he did not show any concern sitting with people who were drinking alcohol. This happens in our towns and cities where we get Muslims patronizing places that sell beer with perception that their food is Halaal. And other Muslim owned places with all endeavours of selling Halaal food yet they have a bar serving beer on a certain corner.

This all, is unacceptable. Whether the bar corner is run by any other person or themselves. By the fact that it is within a Muslim campus and due to the fact that one is not concerned with presence of beer – something which Allah has Forbade, is a very

serious issue on one's faith.

This is the reason why the Halaal Department is monitoring and supervising even a vegetarian restaurant because the chances of contamination can't be ruled out in areas of marinating sea food in white wine. Use of basting brushes made of pig bristle use of gelatin from non-Halaal slaughtered animals, etc.

The Prophet (peace be upon him) said; "whoever among you sees an evil action, let him change it with his hand (by taking action). If he cannot then with his tongue (by speaking out) if he cannot, then with his heart (by hating it and feeling that it is wrong) and that is the weakest of faith (narrated by Muslim).

This denunciation of the heart is an individual's obligation in all situations and there is no excuse as no one has any power over your heart. Staying in a place where evil is being committed goes direct against this. No matter which ever way you serve it, eating where liquor is served is harmful to your Imaan.



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ENERGY MAIZE DRINK

HD MEMBERS CURRENTLY CERTIFIED HALAAL IN MALAWI RAMADAAN 1439 / MAY - JUNE 2018

NOTES:

1. The Halaal Certification status of any of the below establishments can change at any time if the Halaal Department's conditions are compromised. As usual; HD will inform the public about any changes.
2. The Certification for the Supermarkets Category as shown below is for Dressed Chickens, Meat and Processed Meat only. All other items found on the shelves. Do not fall under Halaal Department's Certification, unless specified.

| TOWN | BEEF ABATTOIRS | BUSINESS LOCATION | CONTACT TEL. NOS. |
|----------|------------------------------|--|------------------------------|
| Blantyre | Flatlands Abattoir | Opp. Munsh & Nephew, Mpemba | 0995 054 403/ 0883 241 461 |
| Blantyre | Africa Cattle Ranch Ltd | Makata Industrial Area | 0993 635 536 |
| Blantyre | Shire Valley Abattoir | Off Chikwawa Road, Mpemba | 0888 826 565/ 0888 835 642 |
| Lilongwe | Lilongwe Cold Storage | Off Likuni Road | 0995 237 166/ 0888 200 714 |
| Limbe | Muhammad Butchery Centre | Opp.Mozambiqan Club | 0999 946 779 |
| TOWN | POULTRY ABATTOIRS | LOCATION / CATEGORY | CONTACT TEL. NOS. |
| Lilongwe | Prime Poultry Processors Ltd | Plot No. 28/296, Kanengo | 0993 506 600 |
| Lilongwe | Central Poultry 2000 Ltd | Plot # 856, Ex Dudu Estate, Area 1, | 01 727 594/ 0999 626 676 |
| Lilongwe | Green Land Food Poultry | Chikawola Village, T/A Chitukula | 0888 834 221/ 0994 080 300 |
| Limbe | Speedy's Poultry Abattoir | Chiradzulu Turn Off, Mapanga | 0111 916 144/ 01 841 624 |
| Limbe | Central Poultry 2000 Ltd | Along Zomba Road, Mapanga | 0888 822 677/ 0111 917 771 |
| Mzuzu | Nyaluwanga Farms Ltd | Plot 1B, Choma Agricultural Area, Mzuzu | 0888 630 549/ 0993 321 066 |
| Blantyre | Dhala Chickens Ltd | Green Corner, Chikwawa Road | 0888 461 050/ 0111 916 455 |
| Thyolo | Glenae Poultry Abattoir | Conforzi Plantation, Thyolo | 0211 956 409/ 0888 666 788 |
| TOWN | MEAT PROCESSORS | LOCATION / CATEGORY | CONTACT TEL. NOS. |
| Blantyre | Superior Halaal Meats | BAT Complex, Along Chipembere H/Way | 01 879 910 |
| Blantyre | Meat Connection | Opposite Victoria Hotel | 01 821 380/ 0888 859 542 |
| Blantyre | J. A. K. Shoppers | Livingstonia Avenue | 0888 892 669 |
| Blantyre | Preman Butchery | Plot No. K5896, Nkolokosa | 0888 835 898 |
| Blantyre | C.J. Mkandawire | Behind Dolvic Hotel, Chirimba | 0999 250 090/ 0881 500 342 |
| Blantyre | Zest Butchery | Chitawira Off Kenyatta Drive | 0888 302 881/ 0885 737 911 |
| Blantyre | Malemulungu Butchery | Opposite Zingwangwa Market | 0999 892 995, 0888 892 995 |
| Blantyre | Sana Cash 'N' Carry | Opp. Fatima Arcade, Halile Selassie Road | 0997 695 415 |
| Blantyre | The 18Th Fish Mart | Kamba | 0999 923 900/ 0888 827 758 |
| Blantyre | Africano Market | Opp. Krazy Foods Restaurant, Blantyre | 0212 952 425 |
| Blantyre | Sana Cash 'N' Carry | Ginnery Corner | 0997 695 415 |
| Blantyre | Sana Cash 'N' Carry | Victoria Anenue | 0997 695 415 |
| Blantyre | Lily's Meat Products | Trade Fair | 0888 766 766/ / 0881 029 987 |
| Blantyre | Faham Halaal Meats | St. Andrews Street, Blantyre | 0888 515 841 |
| Lilongwe | Nyama World | Kanengo | 01 711 635/0999 821 648 |
| Lilongwe | Ml.Saeed Butchery | Hostel Road, Area 2, Lilongwe | 0888 844 254 |
| Lilongwe | Argos Butchery | Sharaar Road, Next To Lilongwe Hotel | 0994 786 786 |
| Lilongwe | United Butchery | Mchesi, Area 2 | 0999 987 786 |
| Lilongwe | Sana Cash & Carry Mega Store | Along Kenyatta Drive, Next To Flea Market | 0996 199 948/ 0999 240 000 |
| Lilongwe | Tilawe Meat Merchants | Sana Piazza Building | 0993 339 997 |
| Lilongwe | Ndege Highlands Butchery | Chief Kiripula Building Opp. Standard Bank | 0993 125 175/ 01 700 031 |
| Lilongwe | Tutla Fast Save | Mandala Road, Behind NBS | 0999 855 000 |
| Mangochi | Ahad Supermarket | Along Monkey-Bay Road, Mangochi Boma | 01 593 777/ 0995 199 991 |
| Mangochi | Elsa Butchery | Mangochi Boma | 0888 042 938/ 0991 192 210 |
| Mangochi | Kulya Butchery & Food Centre | Malyaga Building, Mangochi Boma | 0997 625 308/ 0881 889 300 |
| Mangochi | Capital Meat Products | Along Monkey-Bay Road, Mangochi | 0999 585 343/ 0888 301 483 |
| Limbe | Savers Choice | Chipembere Highway | 0888 844 786/ 0999844786 |
| Limbe | Prime Butchery | Southgate Arcade, Limbe | 0995 965 444 |
| Limbe | Sana Cash 'N' Carry | Opp. Madina Properties Building | 0997 695 415 |
| Zomba | Saz Butchery | Bartia Building, Zomba Town | 0999 919 664 |
| Zomba | Spari Cash & Carry | Along Namiwawa Road, Zomba | 01 525 103/ 0993 414 610 |
| Mzuzu | Tutla Super Store Butchery | Behind NBS, Mzuzu | 0999 141 714 |
| Mzuzu | Meat Zone | Next To PMF, Mzuzu City | 0991 519 379 |
| TOWN | RESTAURANTS | BUSINESS LOCATION | CONTACT TEL. NOS. |
| Blantyre | Panando's Take-Away | Ex Nando's, Blantyre | 0994 817 015/ 0122 234 279 |
| Blantyre | Gallitos Restaurant | Crossroads Mall | 0888 999 666 |
| Blantyre | Wimpy Restaurant | Crossroads Mall, Blantyre | 0888 999 666 |
| Blantyre | Chicken Inn | Crossroads Mall | 0888 999 666 |
| Blantyre | Kips Restaurant | Opposite Axa Head Office | 01 835 247/ 01 824 221 |
| Blantyre | Kips Restaurant | Chichiri Shopping Mall | 0999 037 786/ 0212 872 439 |
| Blantyre | Krazy Foods Restaurant | Osman Usa Building, Chilembwe Road | 0999 294 436/ 0212 832 547 |
| Blantyre | Krazy Foods Restaurant | G/Corner Near Standard Bank | 0999 294 436/ 0212 951 989 |
| Blantyre | Blantyre Lodge | Chileka Road, Opp. Wenela Bus Depot | 0111 625 211/ 0995 767 527 |
| Blantyre | Creamy Inn | Crossroads Mall | 0888 999 666 |
| Blantyre | Catering Solutions Ltd | Chileka Airport | 01 692 237 |
| Blantyre | Café Rouge Restaurant | Chichiri Shopping Mall | 01 842 196/ 0888 821 795 |
| Blantyre | Hotel Victoria | Opposite Blantyre Masjid | 0999 821 950/ 0994 194 895 |
| Blantyre | Malawi Sun Hotel | Opp. Adventist Hospital, Robins Road | 01 830 069/ 0212 952 115 |
| Blantyre | Chicken Cottage | Chichiri Shopping Mall | 0999 294 436 |
| Blantyre | Hobe's Tasty Foods | Trade Fair Room # 77 | 0999 939 270 |
| Blantyre | KFC (Afribrands) Ltd | Fatima Arcade, Haile Selassie Road | 0111 625 161 |
| Blantyre | Food Lovers Restaurant | B.A.T Complex, G/Corner | 01 879910/ 0994 497 360 |
| Blantyre | Cedar Place Restaurant | Plot No. Lk172, Ntawa Road, Namiwawa | 0997 243 344 |
| Blantyre | Delish Restaurant | Pacific Mall, Lower Sclater Road | 01 826 707 0992 835 950 |
| Blantyre | Ala Carte Fast Foods | Next To Nbs Bank, Ginnery Corner | 0999 312 410 |

Sana

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MONDAY TO SATURDAY FROM 08:00AM TO 07:00PM SUNDAY 08:00AM TO 02:00PM
 GINNERY CORNER BLANTYRE CELL #. 0994 00 11 00

mail: sanacashncarry@yahoo.com

Design By: Yasin Graphic Hello: 0991 22 15 50

| | | | |
|----------|---|---|-------------------------------|
| Blantyre | Tulsi Veg Delight Take-Away | Glyn Jones Road, Opp. Fmb Shop # 2 | 01 832 466/ 0888 222 848 |
| Blantyre | Bupe's Catering Services | Next To Zambezi Evangelical, Ndirande | 0993 906 188/ 0884 511 275 |
| Blantyre | Pizza Inn | Crossroads Mall | 0888 999 666 |
| Blantyre | Blue Savanna Food Court | Opp. Fatima Arcade, Haile Selassie Road | 0992 563 377/ 0212 801 474 |
| Blantyre | Steers Poly | Total Service Station, Opposite The Polytechnic | 0999 283 934 |
| Blantyre | Kristwick Service Station (Mugg & Bean) | Kristwick Service Station | 0998 114 500 |
| Lilongwe | Megabite Restaurant | Next To Game Complex | 01 755 060 0995 752 915 |
| Lilongwe | Fast Food Café | Opp. Bwaila Hospital, Area 1 | 0999 008 008/ 0997 711 111 |
| Lilongwe | Fish Inn | Crossroads Complex, Mchinji Round About | 0881 127 777 |
| Lilongwe | Malawi Catering Services | Kamuzu Internation Airport | 01 700 031 |
| Lilongwe | The Grill House | Shoprite Complex Area 4 | 0999 927 421/ 0888 822 272 |
| Lilongwe | Steers & Pizza Inn | Crossroads Complex | 0881 127 777 |
| Lilongwe | Kips Restaurant | Bihind National Bank | 01751468/ 0993 646 033 |
| Lilongwe | Chicken Land | Shoprite Complex | 0995 000 058 |
| Lilongwe | Crown Lodge | Old District Assembly Building, Malangalanga Road | 0888574910/ 0999 234 539 |
| Lilongwe | Crown Hotel | Daud Complex, Area 3, Opp. Maula F/Station | 01751 560/ 0995 752 915 |
| Lilongwe | Chilambula Lodge | Chilambula Road, Area 6, | 01 753 322/ 0995 752 915 |
| Lilongwe | Debonairs Pizza | Shop # 8, City Mall, Area 47, | 0999 315 282/ 0999 222 320 |
| Lilongwe | Spur Steak Ranches | Room # 7, City Mall, Area 47, | 0999 315 282/ 0999 222 320 |
| Lilongwe | Galitos Restaurant | Game Complex | 0211 960 608/ 0881 127 777 |
| Lilongwe | Marylane Chicken Fast Food | City Mall Complex, Area 47 | 01 754 797/ 0996 898 588 |
| Lilongwe | Zerina Take-Away | Cristal Lodge Building, Off Malangalanga Road | 0999 383 616 |
| Lilongwe | Dodiya Restaurant | Kachikungu Building, Bus Depot | 0999 405 290 |
| Lilongwe | Tawakali Restaurant | Along Devil Street, Lilongwe | 0991 073 032/ 0991 042 506 |
| Lilongwe | Crossroads Hotel | Mchinji Round About | 01 750 333/ 444/ 0888 513 112 |
| Lilongwe | KFC (Afribrands) Ltd | Lilongwe City Mall, Area 9 | 0211 711 711/ 0994 726 029 |
| Lilongwe | Creamy Inn | Crossroads Complex, Mchinji Round About | 0881 127 777 |
| Lilongwe | Wimpy Restaurant | Crossroads Mall | 0881 127 777 |
| Lilongwe | Walkers Foods Ltd (Steers) | Area 22/214, Lilongwe | 0999 964 640 |
| Lilongwe | Cactus Restaurant | Behind Pep Store, M1 Road, Area 2 | 0888 589 293 |
| Lilongwe | Sana Food Court | Sana Complex, Along Kenyatta Drive, Flea Market | 0996 199 948/ 0993 681 900 |
| Mangochi | Maunde Lodge | Near Bus Depot, Mangochi Boma | 0999 482 003 |
| Mangochi | Ok Executive Lodge | Opp. G4S, Mangochi Boma | 0991 025 100/ 0888 171 404 |
| Mangochi | Mai Adam Restaurant | Mangochi Town | 0883 401 414 |
| Mangochi | Mai Masanje Restaurant | Mangochi Market | 0999 675 712/ 0994 394 105 |
| Mangochi | Asungwana Restaurant | Mangochi Central Market | 0999 361 334 |
| Mangochi | Mai Salam Restaurant | Opp. Mangochi Technical Collage | 0993 389 025 |
| Mangochi | Golden Dish Restaurant | Opp. Dc'S Offices, Mangochi | 0881 754 477 |
| Mangochi | Chicken Line Restaurant | Puma Lake Road Service Station, Mangochi Boma | 01 594 241/ 0888 563 337 |
| Mangochi | Hamida Restaurant | Along Namwera Road, Mangochi Boma | 0888 196 659/ 0999 231 910 |
| Mangochi | Dango'S Foods & Take-Away | Opp. Bus Depot, Mangochi Boma | 0881 005 825 |
| Mangochi | Mwai Kusiyaana Restaurant | Mangochi Central Market | 0882 573 310/ 0991 638 157 |
| Mangochi | Yankho Restaurant | Next To Madina Masjid, Monkey-Bay | 0884 136 761 |
| Mangochi | Mama Aisha Restaurant | Mangochi Main Market | 0997 220 090 |
| Mangochi | Bahat Restaurant | Near Main Masjid, Monkey Bay | 0995 421 508/ 0998 833 516 |



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| TOWN | RESTAURANTS | BUSINESS LOCATION | CONTACT TEL. NOS. |
|----------|--------------------------------|---|--------------------------------|
| Mangochi | Kips Restaurant | Opp. Gland Masjid, Mangochi Boma | 0995 867 855/ 0996 585 705 |
| Mangochi | Ice Cream & Food Centre | Opp. Grand Masjid, Mangochi Boma | 0884334674/ 09994469 |
| Limbe | Heritage Hotel | Along Churchill Road | 0886 780 472 |
| Limbe | Southern Fried Restaurant | Churchill Road | 0999 821 326 |
| Limbe | Kanjedza Lodge | Along Dunduzu Road, Opp. Limbe Market | 0888 363 031/ 0999 943 515 |
| Limbe | Tasty Choice Restaurant | Agason Building | 0888 363 395 |
| Limbe | Bolamoyo Restaurant | Limbe Market | 0888 866 703 |
| Limbe | Jannat Take Away | Mpingwe Sports Club | 0888 864 500/ 0998 600 008 |
| Limbe | Noor Restaurant | Ma Hawa Arcade | 0884 572 426 |
| Limbe | Food Corner Restaurant | Ma Hawa Arcade, Near Nbs Bank, Limbe | 0212 706 126 |
| Limbe | Zinenani Restaurant | Kachere Township | 0888 769 626 |
| Limbe | Pak Food Restaurant | Ma-Hawa Arcade, Opp. Right Price, Limbe | 0994 817 015 |
| Limbe | Super Foods Restaurant | Opp. Oibm, Off Chipembere H/Way, Limbe | 0999 651 708 |
| Limbe | Kips Restaurant | Yabhana House, Limbe | 0212872439/ 0999 037 786 |
| Limbe | Conforzi Fast Foods | Total Service Station, Opp. Auction Fholdings | 0999294463/ 0888913788 |
| Kasungu | Chimbuyako's Take-Away | Opp. Macsteel, Kasungu Boma | 0881 384 755 |
| Kasungu | Chisomo Take Away | Main Bus Depot, Kasungu Boma | 0996 885 611 |
| Kasungu | Fatz Tasty Foods Restaurant | Opp. National Bank Of Malawi, Kasungu Boma | 0999 425 280 |
| Kasungu | Fatsani Choncho Restaurant | Kasungu Market | 0991 510 971/ 0998 193 100 |
| Kasungu | Daud Kananji Restaurant | Kasungu Central Market | 0999 244 553 |
| Kasungu | Tupo's Kitchen | Belele (Kabvunguti Ward) | 0997 355 980 |
| Kasungu | Sunset Restaurant | Kasungu Main Market | 0881 261 750 |
| Kasungu | Wamka Restaurant | Kabvunguti Ward, Near G4S Premises | 0999 264 631 |
| Kasungu | Mundawanga Restaurant | Chankhanga Area, Kasungu Boma | 01 253 205/ 0999 703 835 |
| Mzuzu | Kips Express | Opp. Select & Save Hardware, Mzuzu | 0882 759 945 |
| Mzuzu | Mzuzu Coffee Den | 1st Floor, Bazaar Building, Chimtunga Road | 0888 842 011 |
| Mzuzu | Mark Restaurant | Opposite Farmers World | 0999 916 635 |
| Mzuzu | Kalinga Restaurant | Mataifa Market, Mzuzu Old Town | 0999 320 012 |
| Mzuzu | Chawala Restaurant | Taifa Market, Mzuzu | 0995 446 830 |
| Mzuzu | Midland Fast Foods & Take Away | Katoto Puma F/Station, Luwinga | 0995 785 685/ 0999 668 679 |
| Mzuzu | Mark Restaurant | Luwinga | 0999 916 635 |
| Zomba | Steers | Opp. Mbs, Next To Mra Offices, Along M3 Road | 0888 854 269/ 01 526 707 |
| Zomba | Tasty Bite Restaurant | Opp. Petroda Filling Station, Main Road | 0999 936 490 |
| Zomba | No. 1 Restaurant | Room No. 1, Zomba Main Market | 0999 153 614 |
| Zomba | BBQ Spot Restaurant | Along M3 Road, Matawale | 0999 936 490 |
| Zomba | Kips Express | Next To Mhc Offices | 0992 801 116/ 0888 979 513 |
| Balaka | Aja Restaurant | Near St Green Jones Primary School | 0884 251 026/ 0888 366 726 |
| Balaka | Wambone Restaurant | Opposite Sobo Depot | Swafi Mulli Cell: 0884 868 181 |
| Balaka | Bazale Restaurant | Opposite Milanzi Butchery | 0993 492 066 / 01 552 744 |
| Balaka | Kun Fayakun Restaurant | Balaka Market | 0881 325 846 |
| Machinga | Mama Lucia Restaurant | Behind Milanzi Rest House | 0993 748 133 |
| Machinga | Bao Bao Restaurant | Liwonde Town | 0888 438 968/ 0999 238 968 |
| Machinga | The Superior Restaurant | Near Liwonde Market | 0992 311 317 |
| Machinga | Mtima Pansi Restaurant | Near Mra Offices, Liwonde | 0885 200 186 |
| Nsanje | Thabalaba Restaurant | Opp. Diva'S Hardwarensanje Boma | 0991 015 463/ 0885 464 190 |
| Nsanje | P & Partiners Restaurant | Bangula, Opp. Chipiku | 0993 829 526/ 0881 022 628 |
| Nsanje | Chimuti Restaurant | Opp. Masjid, Bangula | 0993 082 773 |

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WORLD OF MEAT
Quality • Taste

VISIT WORLD OF MEAT

| TOWN | RESTAURANTS | BUSINESS LOCATION | CONTACT TEL. NOS. |
|------------|---------------------------------|--|--------------------------------|
| Nsanje | Grace Sten Restaurant | Marka Trading Centre | 0884 147 294 |
| Salima | Safari Restaurant | Along Salima Lilongwe Road | 0999 300 772 |
| Salima | Chikungu Restaurant | Along Salima Lilongwe Road | 0888 250 900 |
| Salima | Silver Sands Holiday Resort | Kachelenje Village, Salima | 0995 470 596/ 0999 139 786 |
| Ntcheu | Dear Mama Restaurant | Mphate Trading Centre Along M1 Road | 0888 506 809 |
| Thyolo | Pfuma Catering Services | Malawi University Of Science And Technology (Must) | 0999 952 520 / 0888 597 681 |
| Mwanza | Shabaan Restaurant | Opp. Mwanza District Hospital | 0882 492 360 |
| Nkhotakota | Tisaiwale Restaurant | Nkhotakota Boma | 0999 483 559 |
| TOWN | SUPERMARKETS | LOCATION | CONTACT TEL. NOS. |
| Lilongwe | Nyama World | Kokri House Kamuzu Procession Road, Area 2 | 0999 821 648 |
| Lilongwe | Nyama World | Area 23 Market | 0999 821 648 |
| Lilongwe | Sana Superette | Along M1 Road, Next To N/Bank, Area 3 | 0996 199 248 |
| Lilongwe | Speedy's Shop | Plot No. 576, Behind Usave, Area 2 | 0111 916 144 |
| Lilongwe | Speedy's Shop | Plot No. 021, Area 9 | 0111 916 144 |
| Lilongwe | Lilongwe Cold Storage Farm Shop | Off Likuni Road | 0995 237 166 |
| Lilongwe | Sana | Petroda F/Station, Opp. A/30 Police Hqs | 01 758 859/ 0996 199 948 |
| Lilongwe | Nyama World | Petroda Filling Station, Biwi Triangle | 0999 821 648 |
| Lilongwe | Nyama World | Crossroads Shopping Mall | 0999 821 648 |
| Lilongwe | Sana Supermarket | Area 10, Pacific Shopping Mall | 01 758 859/ 0996 199 948 |
| Lilongwe | Glenae Shop | Area 4, Lilongwe | 0211 956 409/ 0888 666 788 |
| Lilongwe | Sana | Area 1 | 0999 240 000 |
| Lilongwe | Sana | Area 43 | 0999 240 000 |
| Lilongwe | Courageous Investment | Chroma Building, Kandikole Mkt, Area 36 | 0888 605 104 |
| Lilongwe | Sana Supermarket | Along Mchinji Road, Area 47 | 0999 888 806 |
| Lilongwe | Sana Cash & Carry | Kenyata Drive, Bwalolanjovu, Area 2 | Cell: 0996199948/ 0999 240 000 |
| Lilongwe | Sana Cash & Carry | Lumbazi Trading Centre, Lilongwe | 0996 199 948 |
| Lilongwe | Tilawe Meat Merchants | Kapiri | 0993 339 997 |
| Blantyre | Al-Hassan Butchery | Ndirande Flats | 0999 374 112 |
| Blantyre | Superior Food Market | Bat Complex, Ginery Corner | 01 879 910 |
| Blantyre | Super Halaal Butchery 2 | Haile Selassie Road Opp. City Boutique | 0999 374 111 |
| Blantyre | Centenary Services Ltd | Apex House, Kidney Crescent, Kristwick | 0888 827 613 |
| Blantyre | Speedy'S Shop | Puma F/Station, Haile Selassie Road | 0111 916 144/ 01 841 624 |
| Blantyre | Speedy'S Shop | Chilomoni | 01 841 624/ 0111 916 144 |
| Blantyre | Speedy'S Shop | Ndirande Opp Fmb | 0111 916 144 |
| Blantyre | Glenae Shop | North Arcade, Bat Complex | 0211 956 409/ 0888 666 788 |
| Blantyre | Spice & Food Products | Petroda Service Station, Clock Tower | 0999 250 090/ 0881 500 342 |
| Blantyre | Nyama Super Fresh Butchery | Livingstone Avenue, Near Jak Shoppers | 0994 817 015 |
| Blantyre | Glenae Shop | Opp. Metro, Glyne Jones | 0211 956 409/ 0888 666 788 |
| Blantyre | Super Halaal Store | Kandodo Corner Shop | 0999 233 757 |
| Blantyre | World Of Meat | Northgete, Ginery Corner | 0999 210 400 |
| Blantyre | Sana Cash 'N' Carry | Haile Selassie Road, Near Puma F/Station | 0997 695 415 |
| Blantyre | Hanifa Investments | Engen Filling Station, Kandodo Cornershop | 0888 759 989 |
| Limbe | Al-Hassan Butchery | Kanjedza Main Road, Limbe | 0999 374 111 |
| Limbe | Khan Super Halaal | Along Churchill Road, Limbe | 0993 422 730/ 0995 290 500 |
| Limbe | Speedy's Shop | Yiannakis Round About | 0111 916 144/ 01 841 624 |
| Limbe | Glenae Shop | Churchill Road, Near S/Get Arcade, Limbe | 0999 666 788/ 0888 666 788 |
| Limbe | Savers Speedy'S Meat Mart | Opp. Old Jupter House, Limbe | 01 841 264/ 01 841 624 |
| Limbe | Sana Cash N Carry | Yabhana House, Limbe | 0997 695 415 |
| Limbe | Quick Nyama Super Halaal | Yabhana Building | 0997 801 616 |
| Limbe | Glenae Shop | Kulsum Plaza, Along Churchill Road | 0211 956 409/ 0888 666 788 |
| Limbe | Glenae Shop | Total Service Station, Illovo, Limbe | 0211 956 409/ 0888 666 788 |
| Limbe | Glenae Shop | Churchil Road Opp. Madina Properties | 0211 956 049/ 0888 666 788 |
| Limbe | Glenae Shop | Price Worth Head Office, Limbe | 0211 956 409/ 0888 666 788 |
| Mzuzu | Al-Falaah Supermarket | Mzuzu City Centre | 0888 336 622/ 0993 054 135 |
| Mzuzu | Nice Cream Corner | Bazaar Building, Mzuzu | 0999 823 721 |
| Mzuzu | Nyama World | Kentum House, New City Centre, Mzuzu | 0999 821 648 |
| Mzuzu | Nu-Madina Superette | Osman Gani House | 0999 778 877 |
| Mzuzu | Nyaluwanga Farm Shop 2 | Opp. Mataifa Market | 0993 321 566 |
| Mzuzu | Nyaluwanga Farm Shop | Chimariro | 0888 630 549/ 0993 321 566 |
| Mangochi | Mark Cash 'N' Carry | Next To Kips, Mangochi | 0999 777 786/ 0881 780 971 |
| Mangochi | Safari Service Station | Puma Service Station, Mangochi Boma | 0888 821 955 |
| Mangochi | Ahad Supermarket | Along Namwera Road, Mangochi Boma | 0995 199 991 |
| Mangochi | Alkaif Superette | Mangochi Boma | 0996 201 201/ 0881 785 550 |
| Mangochi | Ahad Supermarket | Monkey-Bay | 0995 199 991 |
| Balaka | Select Superette | Balaka Boma | 0998 358 308 |
| Balaka | S&S Fair Price Shopping Centre | Off Toleza Road, Balaka Boma | 0997 692 818 |
| Balaka | Mulanje Food Zone | Opp Balaka Main Market | 0996 646 291 |
| Balaka | Tropical Butchery & Food Centre | Along Balaka Main Market | 0212 955 989/ 0884 588 000 |
| Zomba | Spari Cash & Carry 2 | Puma Service Station, Zomba | 0993 414 610/ 0999226777 |
| Zomba | Pak Super Halaal Butchery | Opp. Usave | 0993 888 790 |
| Zomba | Fair Price Shopping Centre | , Zomba Town | 0999 347 080 |
| Zomba | Glenae Shop | Along Namiwawa Road | 0888 666 788/ 0211 965 409 |
| Thyolo | Glenae Shop | Luchenza Trading Centre | 0888 666 788 |
| Thyolo | Glenae Shop | Thyolo Boma | 0888 666 788/ 0211 956 409 |

| Thyolo | Glenae Farm Shop | Off Thyolo Road, Near Glenae Poultry | 0211 956 409/ 0888 666 788 |
|------------|------------------------------|---|----------------------------|
| Ntcheu | NL Supermarket | Next To Ntcheu Bus Depot | 0999 404 786 |
| Ntcheu | Mbendera Trading | Near Post Office, Ntcheu Boma | 0888 319 167 |
| Salima | Nyama World Shop | Engen Filling Station, Salima Boma | 0999 821 648 |
| Salima | Tutla's Super Save | Along Blantyre road | 0888 633 563 |
| Nkhotakota | Kk Superstore | Dwangwa Road, Nkhotakota Boma | 0995 144 444/ 0881 119 255 |
| TOWN | MARKET BUTCHERIES | BUSINESS LOCATION | BUSINESS CONTACT TEL. NOS. |
| Mzuzu | Chuma Butchery | Mpamba Trading Centre | 0999 210 329 |
| Mzuzu | Chuma Butchery | 4 Ways, Chiputula | 0999 210 329 |
| Mzuzu | Mjirijiri Butchery 1 | 4 Ways, Chiputula | 0888 610 313/ 0881 058 365 |
| Mzuzu | Mjilijili Butchery 2 | Chiputula | 0888 610 313/ 0881 058 365 |
| Mzuzu | Mjilijili Butchery | Along Chiwavi Road | 0888 610 313/ 0881 058 365 |
| Mzuzu | Mjilijili Butchery | Hill Top | 0888 610 313/ 0881 058 365 |
| Mzuzu | Wages Butchery | Upper Chasefu | 0995 763 774 |
| Mzuzu | Kanyemba Butchery | Mchengautuwa | 0888 304 148 |
| Mzuzu | Chuma Butchery | Mzuzu City Centre | 0999 210 329 |
| Mzuzu | Zaliro Butchery | Mzuzu Old Town | 0888 378 692 |
| Mzuzu | Kanyemba Butchery | Chiwanja, Msungawana | 0888 304 148/ 0995 472 590 |
| Mzuzu | Kanyemba Butchery | Chiwabvi Market | 0888 304 148/ 0995 472 590 |
| Mzuzu | Zaliro Butchery | Zigwagwa Market | 0888 378 692 |
| Mzuzu | Four Ways (Pvt) Butchery | Mchenga Utuwa Target | 0885 006 076 |
| Kasungu | Umodzi (Pvt) Butchery | Behind Bus Depot, Kasungu Boma | 0999 295 481 |
| Kasungu | Three Ways (Pvt) Butchery | Kasungu Boma | 0999 311 258 |
| Kasungu | E.B. (Pvt) Butchery | Opp. Malawi Housing Cooperation, Kasungu Boma | 0999 251 598 |
| Kasungu | K.B. Butchery | Chiwengo Turn Off, Kasungu Boma | 0992 709 307 |
| Kasungu | Katokole (Pvt) Butchery | Kabvunguti Ward, Kasungu Boma | 0999 462 121 |
| Kasungu | Ju-Tawo Butchery | Kasalika Market, Kasungu | 0999 025 850 |
| Kasungu | Yanu-Yanu (Pvt) Butchery | Chiwengo Turn Off | 0999 616 063 |
| Kasungu | Majiga (Pvt) Butchery | Near Lisawa Shop, Kasungu Boma | 0999 295 481 |
| Kasungu | Ebenezar (Pvt) Butchery | Chitete Market, Kasungu Boma | 0999 132 398 |
| Limbe | Dangaliro Butchery | Limbe Mkt Room 15 | 0999213822/ 0888 551 656 |
| Limbe | Kaphatenga Butchery | Limbe Market | 0888 318 181 |
| Limbe | J. K. Butchery | Room No. 24, Limbe Market | 0999 128 881 |
| Limbe | Middle Butchery | Room # 20, Limbe Market | 0881 301 947 |
| Limbe | Simmy Investments Butchery | Khama Trading Centre, Machinjiri | 0992 587 876 |
| Limbe | J.W. Katyale Butchery | Limbe Market | 0882 627 282 |
| Lilongwe | Dan Butchery | Area 23 Market, Next To Main Masjid | 0999 679 224 |
| Lilongwe | Kawinuwinu Butchery | Chinsapo 2 Market | 0993 371 111 |
| Lilongwe | Blessings Butchery | Chipasula Market | 0999 759 589 |
| Balaka | Milanzi Butchery | Balaka Main Boma | 01 552 150/ 0991 809 265 |
| Balaka | Koloko's Butchery | Balaka Main Market | 0999 015 155 |
| Balaka | Superior Butchery | Balaka Market | 0996 991 034/ 0885 516 924 |
| Mangochi | SS Star Meat Butchery | Next To Madina Hardware, Maldeco | 0999 216 682 |
| Mangochi | Elsa Butchery | Monkey Bay | 0888 042 938 |
| Nkhotakota | Nkhotakota C. Butchery | Nkhotakota Central Market | 0888 182 749 |
| Nkhotakota | J & B Butchery | Nkhotakota Central Market, Nkhotakota | 0999 359 507 |
| Blantyre | Khama Butchery | Opp. Fmb, Ndirande | 0999 741 250 |
| Blantyre | Efa Butchery | Nanjiriri/ Chikapa, Machinjiri | 0999 952 700 |
| Ntcheu | Mpamadzi Farm Butchery | Along M1 Road, Ntcheu Boma | 01 235 313/ 0888 868 237 |
| Ntcheu | Mpamadzi Butchery | Opp. Ntcheu Post Office | 0888 862 237/ 01 235 313 |
| Mulanje | Ukulu Wanu Butchery | Next To Nbs Bank Chitakale Trading Centre | 0884 201 682 |
| Mulanje | Lipita's Investment Butchery | Behind Kulima Gold, Chitakale Trading Centre | 0999 666 157 |
| Machinga | Elsa Butchery | Josaya Bulding, Next To FMB, Liwonde | 0999 948 804 |
| TOWN | MAIN BAKERIES | LOCATION | CONTACT TEL. NOS. |
| Lilongwe | King Meals Bakery | Crossroads Complex | 0212 821 805 |
| Lilongwe | Bakers Pride | Behind Post Office, Area 3 | 0888 825 665/ 0999 533 353 |
| Lilongwe | Hua Li Bakery | Kanengo, Next To Nyama World | 0997 866 666 |
| Lilongwe | Bakers Touch | Off Paul Kagame Road | 01 753 501/ 0884 812 608 |
| Lilongwe | Central Bakery | Old Wenera, Behind Madeco Fisheries | 0888 908 218 |
| Blantyre | Superior Food Market Bakery | Ginnery Corner | 01 879 910 |
| Blantyre | Breadtalk Ltd | Bc 83/84, Haileselassie Road, Opp. Taurus Battery | 0212 821 805/ 01 845 169 |
| Blantyre | Food Kings Bakery | Opp. Fatima Arcade, Haileselassie Road | 0997 695 415 |
| Blantyre | Olympic Bakery Ltd | Banja La Mtsogolo, Ginnary Corner, | 0999 447 003 0212 447 003 |
| Blantyre | Bread Haven Bakery | M1 Road, Likhubula, Near Tam-Tam Bus Stage | 0888 404 955/ 0888 209 333 |

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| Limbe | Bakeland Ltd | 3/06298/ 000, Kenyatta Drive,Chitawira | 01 845 169/ 0212 821 805 |
|----------|------------------------------|--|----------------------------|
| Limbe | Olympic Bakery | Cc485, Masauko Chipembere H/Way | 01 845 169/ 0212 821 805 |
| Limbe | Mega Bakers | Off Charterland Road, Near Bakhressa | 0999 936 786/ 0111 822 222 |
| Limbe | Limbada Moon Delights Bakery | Shop # 3, Yabhan House, Opp. Fersons | 0999 939 486/ 0212 939 486 |
| Limbe | Le Croissant Bakery | Heritage Hotel | 0886 273 421 |
| Mzuzu | Sun Bake Ltd | Opp. Sobo, Luwinga | 0992 466 142 |
| Mzuzu | Sama Bakery | Opp. Fdh, Mzuzu City Centre | 0888 377 999 |
| Mzuzu | Tutla Bakery | Next To Msb, Mzuzu City Centre | 0999 141 714 |
| Mzuzu | Bake 'N' Take Bakery | M. Mbelwa Road | 0888 312 454 |
| Mzuzu | Suhana Continental Bakery | Mzuzu City Centre | 0999 235 411 |
| Balaka | Tropical Bakery | Near Water Board, Behind Balaka Market | 0884 588 000 |
| Chikwawa | Shire Valley Bakers | N'Gabu Trading Centre, Chikwawa | 01 427 413/ 0995 449 000 |
| Mangochi | Nyanja Bakery Ltd | Cmt 19/8 Monkey Bay Road, Mangochi | 0212 821 805 |
| Ntcheu | Bakers Pride | Mphate Trading Centre | 01752274/ 0999 881 888 |
| Salima | Tutla's Super Save | Sengabay Road, Salima | 0999 232 517 |
| Zomba | Premier Confectionery Bakery | Opp. Zomba Main Market Next To Tiptop Hardware | 0995 265 103/ 0883 511 750 |
| TOWN | BAKERY OUTLETS | BUSINESS LOCATION | BUSINESS CONTACT TEL. NOS. |
| Blantyre | Olympic Bakery | Victoria Avenue | 01 845 169/ 0212 821 805 |
| Blantyre | Olympic Bakery | Bc 183, Haileselassie Road | 01 845 169/ 0212 821 805 |
| Blantyre | Breadtalk Ltd | Crossroads Complex, Glyn Jones | 0212 821 805/ 01 845 169 |
| Blantyre | Olympic Bakery | Next To Broach Bazaar, Haileselassie Road | 0999 447 003/ 0212 447 003 |
| Blantyre | Bakeland Ltd | Kenyata Drive, Next To Puma F/Station, Chitawira | 01 845 169/ 0212 805 233 |
| Blantyre | Breadtalk Ltd | Haileselassie Road, Opp. Taurus Battery | 0212 821 805 |
| Blantyre | Mega Bakers | Opp. Limbe Police | 0212 822 222/ 0999 936 786 |
| Blantyre | Mega Bakers | Near Ask Wholesale, Limbe | 0211 843 222/ 0999 936 786 |
| Blantyre | Mega Bakers | Opp. Crown Plaza, Limbe | 0211 843 222/ 0999 936 786 |
| Blantyre | Bread Talk Bakery | Opp. Taurus Battery Shop, Near Kips | 0212 821 805 |
| Blantyre | Bread Talk | Opp. NBS, Ginnery Corner | 0999 447 003 |
| Limbe | Breadtalk Ltd | Opp. Old Feroz Shopping Centre | 0999 447 003/ 0212 447 003 |
| Limbe | Olympic Bakery | Automan, Next To Olympic Bakery, Yiannakis | 01 845169/ 0212 821 805 |
| Limbe | Breadtalk Ltd | Lc 394, Madina Properties, Auction Holdings | 0212 821 805 |
| Limbe | Olympic Bakery | Lc 39, Sh. 9, A.L.G Mall, Opp. Illovo | 0212 821 805 |
| Limbe | Olympic Bakery | Lc244, Lingstone Avenue, Opp. Maro Mar Plaza | 0212 821 805 |
| Limbe | Olympic Bakery | Lc 111, Noorjahah Arcade, Near Limbe Court | 0212 821 805/ 01 845 169 |
| Limbe | Bread Haven Bakery | Near Limbe Police, Along Limbe Market Street | 0888 404 955/ 0888 209 333 |
| Limbe | Breadtalk Ltd | Cc386, Masauko Chipembere H/Way | 01845169/ 02128 211 805 |
| Mangochi | Nyanja Bakery Ltd | Chiponde Trading Centre | 0212 821 805 |
| Mangochi | Nyanja Bakery Ltd | Namwera Trading Centre | 0212 821 805 |
| Mangochi | Nyanja Bakery (Bakeland) | M'Baluku Trading Centre | 0212 821 805 |
| Mangochi | Nyanja Bakery Ltd | Monkey-Bay | 0212 821 805 |
| Mangochi | Nyanja Bakery Ltd | Near Fmb Bank, Mangochi Boma | 01 845 169/ 0121 225 840 |
| Mangochi | Nyanja Bakery Ltd | Next To Nyanja Main Bakery | 0212 821 805 |
| Zomba | Olympic Bakery Ltd | Cta, Namiwawa Road, Next To Zomba Masjid | 0999 447 003/ 0212 447 003 |
| Zomba | Olympic Bakery Ltd | Cta, Namiwawa Road, Next To Breadtalk | 0999 447 003/ 0212 447 003 |
| Zomba | Olympic Bakery 2 | Cta, Namiwawa Road | 01 845169/ 0999279273 |
| Zomba | Breadtalk Ltd | Plot # 38A Shop #3 Along Namiwawa Road | 0999 447 003/ 0212 447 003 |
| Zomba | Mega Bakers | Chinamwali Township | 0999 936786/ 0111 822 222 |
| Mzuzu | Sun Bake Ltd | Sun Bake Factory Campus, Luwinga | 0992 466 142 |
| Mzuzu | Sun Bake Ltd | Taifa Market | 0992 466 142 |
| Mzuzu | Sun Bake Ltd | Opp. Arky, City Centre | 0992 466 142 |
| Mzuzu | Sun Bake Ltd | Mzuzu Main Bus Depot | 0992 466 142 |
| Mzuzu | Sun Bake Ltd | Luwinga Market | 0992 466 142 |
| Salima | Olympic Bakery | Sengabay Road, Salima | Bakali Cell: 0999 447 003 |
| Salima | Capital Bakery | Along Blantyre Road, Salima Boma | 0888 908 218 |
| Salima | Bakers Pride | Salima Town | 0888 844 464 |
| Salima | Bakers Pride | Kamuzu Road | 01756013/ 0999 881 888 |
| Salima | Bakers Pride | Siyasiya Trading Centre | 01 756 013/ 0999 533 353 |
| Machinga | Nyanja Bakery Ltd (Bakeland) | Near Liwonde Bus Depot, Ntaja T/Off | 0212 821 805 |
| Machinga | Nyanja Bakery Ltd | Ntaja Trading Centre | 0212 821 805/ 01 845 169 |
| Machinga | Nyanja Bakery Ltd | Nsanama Trading Centre | 0212 821 805/ 01 845 169 |
| Machinga | Nyanja Bakery Ltd | Nselema Trading Centre | 01 845169/ 0212 225 840 |
| Mzimba | Sun Bake Bakery | Ekwendeni Trading Centre | 0992 466 142 |
| Mzimba | Sun Bake Ltd | Mzimba Boma | 0992 466 142 |
| Mzimba | Sun Bake Ltd | Raiply-Mzimba | 0992 466 142 |
| Mzimba | Sun Bake Ltd | Ekwendeni Market | 0992 466 142 |
| Balaka | Nyanja Bakery Ltd | Ulongwe Trading Centre | 0212 821 805 |
| Balaka | Nyanja Bakery Ltd | Mangochi Turn Off, Liwonde | 0212 821 085 |
| Balaka | Tropical Bakery | Opp. Depot, Ulongwe Trading Centre | 0884 588 000 |



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| Balaka | Bakers Pride | Opp. Puma Filling Station, Balaka Boma | 0888 825 665/ 0999 533 353 |
|------------|--|--|------------------------------|
| Lilongwe | Bakers Pride | Near Kalaria Shopping Centre, Bwalo La Njovu | 01 756 013/ 0999 881 888 |
| Lilongwe | Capital Bakery | Opp. Road Traffic, Area 4 | 0888 908 218 |
| Lilongwe | Bakers Pride | Behind Post Office, Lilongwe Old Town Area 3 | 01 752 274/ 0999 881 888 |
| Ntcheu | Tropical Bakery | Opp. Petroda Filling Station, Ntcheu Boma | 0884 488 000 |
| Ntcheu | Tropical Bakery | Tsangano Depot | 0884 588 000 |
| Nkhatabay | Sun Bake Bakery | Nkhatabay Boma | 0992 466 142 |
| Nkhatabay | Sun Bake Ltd | Chintheche Trading Centre | 0992 466 142 |
| Nkhotakota | Bakers Pride | Dwangwa Town | 0999 881 888/ 0211 954 759 |
| Nkhotakota | Bakers Pride | Nkhotakota Town | 01 752 274/ 0999 881 888 |
| Dowa | Bakers Pride | Mponela Trading Centre | 01 756 013/ 0999 881 888 |
| Dowa | Bakers Pride | Madisi Trading Centre | 0999 881 888/ 0211 954 759 |
| Chikwawa | Olympic Bakery | Chikwawa Boma | 01 8451 69/ 0212 821 805 |
| Thyolo | Olympic Bakery | Bvumbwe Trading Centre | 01 8451 69/ 0212 821 805 |
| Rumphi | Sun Bake Bakery | Rumphi Boma | 0992 466 142 |
| Kasungu | Bakers Pride | Near Fmb Kasungu Boma. | 01 756 013/ 0999 881 888 |
| Mchinji | Bakers Pride | Mchinji Boma | 01 756 013/ 0999 881 888 |
| TOWN | FOOD MANUFACTURERS | BUSINESS LOCATION | BUSINESS CONTACT TEL. NOS. |
| Limbe | Mothers Food Ltd | Plot # Cc390, Citrona Avenue, Limbe | 01 845 169/ 0212 818 885 |
| Limbe | Top Foods Ltd | Maselema, Limbe | 018475200/374/ 0888 846 147 |
| Limbe | Illovo Sugar (Mw) Ltd | Illovo House, Churchill Road, Limbe | 01 843 988/ 0999 968 555 |
| Limbe | Fasa Products | Plot Cc935, Opp. Agma, Maselema | 0999 946 785 / 0212 946 785 |
| Limbe | Nali Limited | Patridge Road, Mpingwe, Limbe | 01 844 129/ 0888 156 245 |
| Limbe | Rab Processors | Maselema, Limbe | 01 845 200/ 0888 846 147 |
| Limbe | A1 Enterprises | Maselema, Limbe | 01 847 374/ 0888 846 147 |
| Limbe | Osman Foods | Nkolokoti, Machinjiri | 0995 624 513/ 0881 145 455 |
| Limbe | Mellet Enterprises | Nk 65, Maone Industrial Area | 0993 961 333/ 0212 263 111 |
| Limbe | Omega Beverages Ltd | Greeville Avenue, Limbe | 0212 651 715/ 0999 821 306 |
| Limbe | Ho2 Beverages | Pacific Arcade, Limbe | 0212 911 237 |
| Limbe | M.H. Investments | After Kachere Slump Near, Near Zomba Road | 0999 936 786 |
| Limbe | Mustard Limited | Plot # Cc158, Chigumula, Market | 0993 960 353 |
| Limbe | G.W. Tambala Investment | Kamphawi Stage, Chiwembe | 0999 204 075 |
| Limbe | Seba Foods Ltd | Plot No. Nk524, Maone Park, Makheta, Limbe | 0993 384 373 |
| Lilongwe | Bakka Foods Trading | Area 5, Behind Maula, Mall | 0999 229 980 |
| Lilongwe | Shamrock Company | Near Kanengo Post Office | 0211 951 043 |
| Lilongwe | Seba Foods Malawi Ltd | Kanengo Industrial Area, Area 28. | 01 710 632/ 0992 988 887 |
| Lilongwe | Zamm Investment Cool Drop | Six Miles, M1 Road, Lilongwe | 0999 855 000 |
| Lilongwe | Grain Securities Limited | GSI Silo Complex, Off Salima Road, Kanengo | 0888 947 396 |
| Lilongwe | Sungold Food Processing Ltd | Kanengo | 0999 393 440 |
| Lilongwe | Bowler Beverage Limited | Alimaunde, Kanengo | 0994 625 409 |
| Lilongwe | A. G. A Trading | Kanengo | 01 710 994/ 0888 834 011 |
| Lilongwe | Lilongwe Dairy | Off Poul Kagame Road, Area 5, Lilongwe | 0888 821 339/ 0999821339 |
| Lilongwe | Sun Seed Oil Ltd | Cp Feeds Complex, Along Airport Road | 0999 966 087/ 0888 999 087 |
| Lilongwe | Viva Beverages Limited | Nampala, Kanengo | 0991 019 178 |
| Lilongwe | Gatbro International Ltd | Plot # 22/2/18, Njewa, Lilongwe | 0995 953 920/ 0111 744 028 |
| Lilongwe | Honey Products | Kanengo Industry Area | 0999 025 309/ 0884 482 611 |
| Lilongwe | Botanic Herbal Life 2 | Mipondo Building Area2 | 0999 446 980 |
| Lilongwe | Golden Achale | Likuni Old Trading Centre | 0999 861 168 |
| Blantyre | Quality Products Ltd | Chirimba Industrial Area | 0888 823 531/ 01 725 394 |
| Blantyre | Universal Industries | Ginnery Corner, Along Chipembere Highway | 01 870 055 |
| Blantyre | Dairibord Malawi Limited | Ali Hassan Mwinyi Road, Makata Industrial Area | 01 870 258/450/ 0888 208 648 |
| Blantyre | Suncrest Creameries | Plot # 340, Kidney Crescent, Blantyre | 0888 827 631/ 0212 827 631 |
| Blantyre | Capital Oil Refining Industries Ltd (CORI) | Chirimba Industrial Area | 0999 928 260/ 0999 915 990 |
| Blantyre | Kayat Investment | Chikaonda Village, Mbame, Blantyre | 0888 928 750/ 0991 560 545 |
| Thyolo | Victoria Investments Limited | Nasonia Estate, Bingi Highway | 0999 961 697/ 0999 967 937 |
| Thyolo | Willrath Food & Beverage | Bvumbwe Trading Centre, Thyolo | 0991 229 781/ 0882 423 777 |
| Thyolo | Thyolo Nut Company | Banganga Estate, Makwasa Road, Thyolo | 0999 788 675/ 01473415 |
| Mzuzu | Kwithu Kitchen | Next To Area 1B School, Luwinga | 0888 300 334 |
| Mzuzu | Plann Food Products Ltd | Kaning'Ina Industrial Site | 0888 171 717/ 0999 171 717 |
| Nkhotakota | Illovo Sugar (Mw) Ltd | Dwangwa Estate | 01 843 988/ 0999 968 555 |
| Mangochi | Best Foods Company | Mangochi Boma | 0888 402 002/ 0995 827 573 |
| Salima | Malawi Mangoes Operations Ltd | Kambwiri Industrial Area 2, Off Senga-Bay Road | 0999 970 315/ 316 |

Questions and Answers Segment

Q Is Halaal Certification important?

A. Halaal certification is needed for two key reasons. Firstly, Certification helps Muslims to decide which products to buy. Modern food processing and globalized markets make it hard for Muslims to know how their food was produced and where it has come from. To get rid of this uncertainty, consumers who want to buy Halaal food need a system that checks whether products meet the requirements of being Halaal or not. Food certification services help consumers to make informed decisions about the food they eat.

The second reason has to do with trade. The global Halaal food trade at Muslim markets provides a lucrative opportunity for companies. If companies want to export their products to those markets, they need to have Halaal Certification.

Q. Why should Bakeries be certified Halaal?

There are five main ingredients that Muslims must be aware of in bread that may come from a non-Halaal sources and these are:

1. Mono and diglycerides: Act as an emulsifier on the Bread. They are derived from either plant or animal. If it is from plant source, then it is Halaal. However, if it is from animal source, then there is a need to verify whether the animal was slaughtered and handled Islamically.

2. DATEM: Is a mixture of a few emulsifying agents. It functions as a strengthener and it might be derived from plant or animal sources. If it is from animal source verification is a must.

3. Fats: Fats give the bread richness, moisture, tenderness and the finer grain. The source of fat in bread may come from plants, animals, or lards. If it is plant fat, there is no argument about the Halaal status. However, if it is lard, it is completely Haram.

4. L-cysteine: L-cysteine is a compound derived from hair, such as human hair, feather and pig bristle, it is used to extend shelf-life of a product. L-cysteine derived from human hair and pig is Haram. Currently, there is a fully synthetic L-cysteine available as well as L-cysteine obtained from fermentation process in which it is Halaal.

5. Enzymes: These are simple proteins. The main function of it in wheat flour is to break down complex starches into simple sugars. Enzymes may come from pig pancreas. Thus, the enzyme from swine source is completely Haram. However, if the enzyme is from the Halaal animal which was been slaughtered according to Shariah (Islamic law), then it is Halaal.

Q. Is Halaal Certification applicable to Muslim owned establishments?

A. Yes, HD Certification is applicable to everyone including



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Muslims because the food industry is dynamic. You may not be aware of certain rulings on some items as they change to include elements that were never there before. HD advises on these, as it is always in touch with the industry players the world over.

Q. What are the rules set by the Sharia for Halaal slaughter and handling of Halaal meat

A. The rules for Halaal slaughter are as follows:

1. The Animal must be slaughtered by the recognized slaughterer who is a Muslim.
2. While slaughtering the animal, the Muslim Slaughterer must recite the prescribed Islamic Dua (Prayer): "BISMILLAH-ALLAHU-AKBAR" (in the name of Allah, Allah is the Great).
3. The knife used for slaughtering must be sharp so that the animal suffers least agony and slaughter takes place quickly and easily.
4. The throat must be severed with a single cut – knife must not be lifted and the cut must be below Adam's Apple, to be retained on head.
5. The animal slaughtered in such a way that both the respiratory and jugular veins are quickly cut and blood oozes out in full making the animal dead quickly.
6. The neck should neither be cut completely nor broken, thus avoiding the severance of the spinal cord.
7. There should be no contamination of Halaal meat with non-Halaal meat of other animals, either in the abattoir, boning rooms, freezer, chiller or at the time of packing, loading and unloading.

Q. Why HD Certifies Bottled Water

A. Water is a natural product and it is Halaal in its natural form. However, bottled water goes through extensive processing and treatment including purification, filtration, Coborn bedding and some grade lubricants (animal fats) are used on machinery. Not only that, sometimes mineral adjustment, chlorination, fluorination or ozone treatment in order to make it safe for human consumption.

During this process it may come in contact with chemical materials potentially derived from animals. When HD certifies water to be Halaal, it verifies that the bottled water was purified without the use of any Haraam (unlawful) or questionable materials.

Q. Does consuming Halaal diet have benefits to our bodies?

A. Yes, Halaal diet can be beneficial to our bodies by helping to reduce a person's cholesterol, saturated fat, and alcohol intake.

The Quran contains many verses of advice about healthy eating that relate to the interconnectedness of physical and spiritual health. Encouragement to eat only good and pure food is often combined with warnings to remember Allah.

Allah says in the Qur'an "O mankind, eat from whatever is on earth [that is] lawful and good and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy." (Quran 2:168)

Healthy eating not only satisfies hunger but also has an effect on how well we worship Allah.

True believers need healthy bodies and minds in order to worship Allah in the correct way. To maintain a sound mind, a pure heart and a healthy body special attention must be paid to health. The heart and the mind are nourished by remembrance of Allah, and worship performed in a lawful way, and the body is nourished by partaking of the good and lawful food Allah has provided. Attention to diet and nutrition is a part of the holistic health system inherent in Islam.

Q. Is it permissible for a Muslim woman to slaughter an animal, and can that meat be Halaal?

A. Yes, it is permissible to eat the meat of an animal slaughtered by a Muslim woman whether she is in a state of impurity or not, even if the meat slaughtered was intended for sacrifice purposes (Qubaan) or for regular food. This is in accordance with the general terms used in the Qur'an [2:172]

The evidence in this Ayaat is the phrase where Allah has permitted us to eat of any animal that we are able to slaughter before it dies. This has a general application and does not specify where the person who managed to do this is a man or a woman, so it could be either.

Q. Is it true that certain chocolate bars have been trace amounts of alcohol in them. But they are so small that there is no way of being even slightly intoxicated from them.

A. Chocolate or sweets that contain unchanged alcohol, we are not allowed to eat them, whether the alcohol in them is in big amounts or only a little.

Q. What is the ruling on eating Snails?

A. Snails are of two types, land Snails and sea Snails. Land Snails come under the same heading as insects which have no blood that flows. They have a pair of antennae, with an eye at the end of the longer antennae. The large sand snail is regarded as harmful pest, because it has voracious appetite for plants. Sea Snails come under the heading of Shell fish, which are sea animals. So, eating land Snails is not permissible because it is part of insects and according to Shariya eating insects is not allowed.

'Lawful to you is {the pursuit of} water game and its use for food-for the benefit of yourselves and those who travel' {al-Maaida v 96}

Q. Can a Muslim buy from a restaurant or Butchery by just seeing the word 'Halaal' on display?

A: Muslims are advised not to buy from shops that just display the word Halaal without having the Halaal certificate. The word 'Halaal', is a registered trademark and should not be used without proper accreditation which involves continued inspection to make sure that the products are Halaal. Inspection is done from the ingredients (raw materials) through the process, to the end product. This is done by Muslim Supervisors.

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